

**Minutes of the Boys / Girls Track and Field Advisory Committee
September 5, 2012**

The IHSA Track & Field Advisory Committee met in the IHSA Office in Bloomington, Illinois, on Wednesday, September 5, 2012. The meeting began at 10:00 a.m. and concluded at approximately 2:00 p.m. Voting Committee members present were: Roland Brent, Coach at Bloomington H.S.; Erin Luby, Girls Track Coach at St. Ignatius; Andy Knowles, B&G Track Coach at Mackinaw H.S.; Andrew Mitchell, Principal at Alwood H.S.; Jim Aikens, Coach at Palatine (Fremd) H.S.; Rod Shurtz, Boys Track Coach at Benton H.S.; Eric Anerino, Coach at Aurora (Meta Valley); John Polka, Meet Manager; Geza Ehrentreu, Coordinator of Officials. Other guests and non-voting members present were: Jerry Parsons, Illinois Coaches Association; Julie Cochran, IESA Asst. Executive Director, Jamie Klotz, Illinois Track & Cross Country Coaches Association-North; Andy Preuss, Illinois Track & Cross Country Coaches Association-North; Mike Garcia, Illinois Track & Cross Country Coaches Association- South; Ron McGraw, IHSA Asst. Executive Director.

TERMS AND CONDITIONS RECOMMENDATIONS:

1. Item VII- C: IHSA State Series T&F Qualifying Standards

Recommendation: The qualifying standards for 2012 and 2013 are as follows:

	Girls 1A	Girls 2A	Girls 3A
Event	2013	2013	2013
Long Jump	16-4	16-11	17-3
Pole Vault	9-3	9-9	10-3
High Jump	5-2	5-2	5-3
Shot Put	35-6	36-6	37-8
Triple Jump	33-8	34-8	35-6
Discus Throw	108-0	112-3	117-6
4x800 M. Relay	10:22.24 FAT	10:04.00 FAT	9:38.24 FAT
4x100 M. Relay	:51.94 FAT	:50.84 FAT	:49.44 FAT
3200 M. Run	12:12.24 FAT	11:48.04 FAT	11:22.04 FAT
100 M. High Hurdles	:16.64 FAT	:16.04 FAT	:15.34 FAT
100 M. Dash	:13.04 FAT	:12.74 FAT	:12.54 FAT
800 M. Run	2:26.64 FAT	2:23.34 FAT	2:19.74 FAT
4x200 M. Relay	1:50.34 FAT	1:48.04 FAT	1:44.74 FAT
400 M. Dash			

	1:02.04 FAT	1:00.64 FAT	:59.44 FAT
300 M. Low Hurdles	:49.84 FAT	:47.84 FAT	:46.94 FAT
1600 M. Run	5:35.14 FAT	5:25.74 FAT	5:15.24 FAT
200 M. Dash	:27.04 FAT	:26.64 FAT	:25.94 FAT
4x400 M. Relay	4:14.34 FAT	4:10.04 FAT	4:04.24 FAT

	1A Boys	2A Boys	3A Boys
Event	2012	2012	2012
Long Jump	21-0	21-8	22-3
Pole Vault	13-0	13-3	13-9
High Jump	6-3	6-3	6-5
Shot Put	49-0	50-11	52-11
Triple Jump	42-0	43-8	44-10
Discus Throw	143-0	148-0	155-0
4x800 M. Relay	8:24.24 FAT	8:15.24 FAT	8:00.04 FAT
4x100 M. Relay	:44.64 FAT	:43.54 FAT	:42.64 FAT
3200 M. Run	10:04.00 FAT	9:49.24 FAT	9:29.04 FAT
110 M. High Hurdles	:15.54 FAT	:14.94 FAT	:14.74 FAT
100 M. Dash	:11.14 FAT	:11.04 FAT	:10.94 FAT
800 M. Run	2:01.24 FAT	1:59.04 FAT	1:57.24 FAT
4x200 M. Relay	1:33.74 FAT	1:31.74 FAT	1:29.64 FAT
400 M. Dash	:51.74 FAT	:50.84 FAT	:49.94 FAT
300 M. Int. Hurdles	:42.00 FAT	:40.44 FAT	:39.84 FAT
1600 M. Run	4:37.24 FAT	4:30.44 FAT	4:22.74 FAT
200 M. Dash	:22.94 FAT	:22.54 FAT	:22.24 FAT
4x400 M. Relay	3:31.74 FAT	3:27.44 FAT	3:23.74 FAT

Rationale: Qualifying standards are reviewed annually.

Motion to change Girls 1A 100 HH to 16.64 **passed** 9-0

Motion to change Girls 1A 300 IH to 49.84 **passed** 9-0

Motion to change Boys 1A LJ to 21-0 **passed** 9-0

Motion to change Boys 1A SP to 49-0 **passed** 9-0

Motion to change Boys 1A 3200 to 10:04.00 **passed** 9-0

Motion to change Boys 1A 300 IM to 42.00 **passed** 9-0

Motion to change Girls 2A 4 X 800 to 10:04.00 **passed** 9-0

Motion to change Girls 2A 1600 to 5:24.74 **passed** 9-0

Motion to change Girls 2A 200 to 26.64 **passed** 9-0

Motion to change Girls 2A 110 HH to 16.04 **passed** 9-0

Motion to change Boys 2A 4 X 100 to 43.54 **passed** 9-0

Motion to change Girls 3A SP to 37-8 **passed** 8-0-1

Motion to change Boys 3A TJ to 44-10 **passed** 9-0

Motion to change Boys 3A 4 X 100 to 42.64 **passed** 9-0

Motion to change Boys 3A 800 to 1:57.24 **passed** 9-0

Approved

2. **Item: Revise VII. B Modify the method for advancement to the state final track and field meet from the sectional qualifying meets.**

Recommendation: There was a lengthy discussion on this topic over the past two advisory meetings and the following recommendation was made:

Brief history of proposal:

The original concept was proposed by the ITCCCA groups following the 2011 T&F Advisory meeting. The discussion focused on the possibility of eliminating the current qualifying standards process. This would be possible if the IHSA would require FAT at all sectional meets and adopt a process that automatically qualified the top one or two finishers from each race and then filled a specific number of lanes with the next fastest individuals from across the state.

Meet management suggested that in 1A we would fill 5 heats (45 athletes) and for 2A and 3A we would fill 4 heats (36 athletes). As a result of the new class structure adopted by the IHSA Board of Directors in 2012, there will continue to be 14 sectional meets in 1A and therefore 28 automatic qualifiers (first and second place). This would leave 17 at large qualifiers from across the state based upon the next best times. In 2A and 3A there will continue to be 11 sectional meets and therefore 22 automatic qualifiers. This would leave 14 at large qualifiers from across the state based upon the next fastest times. At large qualifiers would be identified after all sectional results have been received from the host school and the IHSA has time to verify all results to be accurate.

Proposal:

- Eliminate the use of qualifying standards for all IHSA T&F races. However, qualifying standards will continue to be used for all field events.
- In all 3 classes and in all events, the first and second place finishers from each sectional meet will automatically advance to the state final meet.
- In 1A there will be 28 automatic qualifiers (14 sectionals X the top two finishers). In all races there will be 17 at-large qualifiers to be determined by the fastest

sectional times from any sectional that did not automatically qualify for the state meet by finishing in first or second place at their respective sectional meet.

- In 2A and 3A there will be 22 automatic qualifiers (11 sectionals X the top two finishers). In all races there will be 14 at-large qualifiers to be determined by the fastest sectional times from any sectional that did not automatically qualify for the state meet by finishing in first or second place at their respective sectional meet.
- If there is a tie for the final qualifying position in any race (45th place in 1A and 36th place in 2A and 3A), all ties for that final qualifying position will advance to the state final meet. All times will be F.A.T. and must be recorded to the 100th.

Rationale:

- 1) This qualification method exemplifies the idea of benefiting the girls and boys Track and Field athletes by allowing for greater representation. The process promotes consistent athlete involvement to a greater degree annually at the state finals.
- 2) This method will not impact or impede the meet management as the heats and qualification methods will remain the same at the State Preliminaries and Finals. There will be a set number of qualifiers/heats each year which will lead to a consistent schedule as well as fill all lanes in event heats which have not been full at times in the past.
- 3) The use of FAT timing universally at Sectional meets has made it possible to have a common track timing system which ends the need to continually adjust time standards greatly simplifying the management of the sport while providing for a greater percentage of athletes to qualify for the state meet universally.
- 4) The meet should be enhanced and more competitive by the number of athletes that qualify. Additional fans will be attending the meet due to the higher numbers of qualifiers. This should generate more revenue and more excitement in the stands. In essence, the athletes and their schools, the meet management, and the IHSA all benefit from this proposal as it increases athletic participation and streamlines the running events qualification process.

Motion **PASSED 7-2**

Rejected

3. Item: Revise V-C-5

Recommendation: It is recommended that any time/mark acquired during the current IHSA Track and Field season be allowed to be used as a sectional meet entry time/mark. This will include times from indoor meets as well as outdoor meets.

Rationale: The committee recognizes the obvious difference between indoor and outdoor T&F meets. However, the committee finds no reason not to allow the indoor times/marks acquired from the same IHSA T&F season whether, indoors or outdoors.

Motion **PASSED 6-1-2**

Approved

ITEMS OF GENERAL DISCUSSION:

The committee reviewed and had the opportunity to discuss all comments and suggestions sent to Ron McGraw. All of the items on the list below were submitted to the committee. Some of the items received considerable discussion and some did not. All items that received a motion and a second from our advisory members were voted on by the committee members. Many of the items listed here are administrative in nature and not the domain of the advisory committee.

LIST OF DISCUSSION TOPICS FOR TRACK AND FIELD 2012-13

September 5, 2012

Rule Change suggestions from Sectional Meetings and Individuals:

1. Post complete sectional results online.
2. The TJ qualifying standard was not fair (too high).
3. Should not fine schools \$50.00 for not viewing the rules meeting when they were not notified of the requirement.
4. Many coaches were upset that they did not know where to pick up their packet and we close the pick-up area too early (6:30 pm).
5. Want to honor long term coaches at the state meet (ie. 25 years).
6. Provide all coaches an index card to list their scratches to be turned in to the clerks tent. Maybe we would not have to call each coach to the tent for no shows.
7. Instead of have a separate crew for the SP, Discus, TJ and LJ, develop Throws Crews and Jump Crews. In this way we could always use both rings and officials will not be sitting waiting for their event to occur.
8. Allow PV coaches to be on the field during competition (standing along the track by the runway closest to the track). With new PV and horizontal jumps configuration this may be necessary.
9. Pana had to drive too far. This is not fair.
10. Clarify what the procedure is when the FAT goes down during a race at a sectional meet.
11. When using FAT at sectionals eliminate prelims.
12. At the girls state meet conduct the Thursday and Friday prelims like we do the finals in the long and triple jump. We only use one pit on prelims and it takes a long time to complete. On the prelim days the triple jump crew would do the long jump second flight for all three classes. The long jump crew would do triple jump second flight for all three classes. We do it for finals and it will work on prelims.
13. The recording of the jumps (I assume all field events are the same). I understand the rationale for two boards but it doesn't work. If the boards are not the same when we check at the end of the flight. Which is right? The jump may have occurred 25 minutes ago. We just pick a board and say it is right. We really don't know. Sorry but true.

My suggestion is this one board and two recorders. Both recorders read the tape, one writes the jump/throw down and the other confirms it is written down correctly immediately. Then if there is a discrepancy the mark can be re measured.

14. Too many people are reviewing the sheets. There are four people at the event - board recorder, flight coordinator, head of the event and field referee. Then there are four more reviews in the dugout. That is eight reviews. I understand the goal is to avoid errors but if seven people are making errors and the eighth catches the mistake then seven people should be slapped and fired. Last year we reduced the reviewers to four with the field

referee and one person in the dugout being 3 and 4 and we had no errors. How we got to 8 this year is beyond me. But 8 people takes too long.

15. Lastly someone (and I volunteer) needs to write up the script for the flight coordinators to follow. Someone needs to meet with the volunteers of the field events before the prelims to review how to fill out the boards so they are the same. One person meets with the LJ and TJ crews and reviews the procedures. The head of the LJ & TJ will be responsible to make sure the procedures are followed. The same would be done for the throws and the HJ/PV.
16. Time schedules between the discus and the shot put. It always seems that for the preliminaries anyway, that the shot put's last flight, which is their statistically "worst" flight, comes into conflict with our (discus) first flight, which is also statistically the "worst". This seems to yearly cause a number of conflicts, and this most always leads us in the discus to have to adjust our flights and participants to avoid these conflicts. My potential solution to this would be that the shot put, which currently has the "best" throwers in the first flight, and the worst in the final flight, be arranged like the discus, where the better throwers are in the final flight, and the worst are in the first flight. This, to me, would decrease greatly the number of potential conflicts with the shot put, where historically we have had the most conflicts with.
17. A "screen", or some type of cover, on the back part of the discus cage, would assist greatly in reducing the number of distractions that the girls (and boys for that matter) face when preparing to throw. There was one up for many years, but was missing this year, and trust me, it was missed and commented on by both boys and girls alike. Since the area, at least as it is configured now, is quite wide-open and there is a lot of foot traffic through there, the distractibility factor is high indeed.
18. Keeping the time schedules we had for the Girls State Meet as far as Saturday is concerned worked very well; could that happen for the Boys as well? There was no real reason for the Boys discus to begin over 2 hours after the shot put had ended.
19. And this one may be a bit "picky", but most people I talked with seemed to like the type of shirts we had received the last few years, but not this year. I personally liked the dark blue color, but hardly anyone liked the white, but, in fairness, it was rather cool on the hot day on Saturday.
20. I would like the advisory committee to consider moving up the number of relay names, possibly to twelve. Being able to add more names as potential relay runners would allow programs more flexibility.
21. I would like the committee to consider changing the policy of not separating athletes who appear in the same heat. Rationale: programs with two good printers should have the option of having both of their athletes qualify by place.
22. Another coach expressed concerns about the timeline at the state meet of the 3200 Run. He gave the following scenario:
What if he wanted to run his an athlete in the 3200 and 4x800 @ the state track meet. He could have his girl run qualifying time in the 3200 or 1st/2nd-and nothing faster-with the intent of getting her in the slow heat of the 3200 at state. Then on Saturday at State, she would have a longer rest between the 3200 and the 4x800 because she would be in section 1.
He suggested running section 1 and 2 Class A, and then section 1 and 2 of Class AA of the 3200 at the beginning of meet on Sat. Then running section 1/2 Class AAA during the regular order of events.
23. SECTIONAL EVENTS CONDUCTING SEMIFINALS:
THE FOLLOWING RUNNING EVENTS WILL CONDUCT SEMI-FINALS AT ALL IHS SECTIONAL T&F MEETS:
100 Meter Dash

200 Meter Dash

100/110 High Hurdles

24. All all coaches to review all entries at the seeding meeting prior to the final seeding of the meet and allow coaches to make changes after seeing all entries.
25. Eliminate the ability to carry over performances in the TJ, LJ, Shot and Discus into the finals from preliminaries.
26. In the sectional meets, eliminate the finals in the TJ, LJ, Shot and Discus and go allow 4 attempts to all competitors.
27. In the state finals eliminate the heat leaders automatic advancement to the finals. Use the non-serpentine seeding model (as done by the NCAA) to provide an even, fair distribution of talent over all heats.
28. In the sectional meets eliminate the prelims in the 200 and 100 and run all events as times finals as done in the 400 and 300 events.
29. Last state finals, we determined a potential problem on Saturday. We were assigned the "A" and "AA" at the same time. The "A" finals were assigned to be conducted on the 106 foot runway and one of the "A" athletes wanted to use a longer run up than 106 feet. As luck would have it I knew the coach and found out that the athlete just wanted to try a longer run up for " GoodLuck". After some discussion the coach convinced the athlete to use his shorter run up. Problem solved.

SUGGESTION: Assign the finals of the triple jump three (3) different times on Saturday on the middle (long run up) A one (1) hour time assignment should be O.K. for each of the three finals.

REASONING: If a "A" jumper is assigned to the 106 foot pit and his run up is more than 106 feet we would have a problem determining how to solve this problem.

30. Allow two days for seeding meetings, not just one.
31. Allow preliminary times to qualify for state.
32. Allow indoor marks to be used for seeding at sectional meets.
33. Move all bibs to the front.*
34. Allow 2 hrs for the AA shot on Friday.*Move best TJ from 3rd flight to the 1st flight.*
35. Require a 28' board for all girls TJ so that all can reach the pit.*
36. Start the shot and discus at the same time when we have multiple classes competing.*
37. In discus when there are 3 flights have flights 2 and 3 throw from the ring where finals will compete (north ring).*
38. In TJ have a water table at both take off boards.*
39. Eliminate awards ceremonies as we conduct them today. Currently there are too many conflicts.*
40. Change the sectional order of events to place the first section of the 3200 before the 200 meter semi to allow additional recovery time for the sprinters.*
41. Alternate the classes on Thursday.*
42. In PV flight #1 in both 1A and 2A should be conducted on different runways to start the prelims so they are on the same runway for finals. Start flights 1 & 2 at the same time for prelims.*
43. Extend the warm-up times to 20 minutes at the start of the day and consider changing the schedule start times for 2A and 3A TJ.*